

Unit 005 – Health and Safety in Children's Care, Play, Learning and Development

Overview of Unit 005

In Unit 005, we covered key **health and safety requirements** in childcare environments. We looked at how **health and safety legislation** influences our daily tasks and understood our **roles** and **employers' responsibilities**. The unit looked at different **accidents, emergencies, and workplace hazards**, and the importance of conducting **risk assessments** to maintain safety. The unit also guided us through procedures for **recording** and **reporting** health and safety concerns. We explored legislation related to **fire safety, manual handling, infection control, food safety, waste disposal, and security**, along with practical steps for **safe practices**. Additionally, we discussed **recognising stress** signs, its causes, and strategies for **managing stress** effectively.

LO1: Know how to meet legislative requirements for health and safety in the workplace setting.

- Do I understand the key **legislation** related to **health** and **safety** in the workplace and what it means in practice?
- Can I list the **responsibilities** of **employers, workers, and others** for **health and safety at work**?
- Do I recognise the importance of working within the **limits of my own role** and **responsibilities**?
- Do I know the importance of **raising concerns** about **unsafe practices** or working conditions?

LO2: Know how risk assessments are used to support health and safety in the work setting.

- Can I explain what '**risk assessment**' means in relation to health and safety?
- Do I understand the key legislation related to **accidents, incidents, and emergencies**?
- Can I identify the types of **accidents, incidents, emergencies, and health and safety hazards** that may occur in the workplace?
- Do I recognise the importance of **carrying out, recording, and following risk assessments**, and the difference between **formal risk assessments** and **routine safety checks**?

LO3: Know how to promote fire safety in work settings.

- Do I understand the key legislation related to **fire safety** and the responsibilities of **employers, workers, and others** in maintaining it?
- Can I identify **practices that prevent fires** from starting and spreading in the workplace?
- Do I recognise the importance of knowing about **fire evacuation procedures**?
- Do I understand why it's crucial to maintain **clear exit routes** at all times?



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LO4: Know the principles of 'moving and handling' and 'moving and positioning'.

- Do I understand what is meant by moving and handling and moving and positioning?
- Can I explain the key legislation related to moving and handling and what it means in practice?
- Do I recognise the principles and techniques of moving and handling and understand the implications of poor practice?

LO5: Know the main routes to infection and how to prevent the spread of infections in the workplace / setting.

- Can I identify signs of childhood illnesses, understand how infections are transmitted, and recognise poor practices that lead to the spread of infection?
- Do I understand the factors that increase infection risks, and know the key legislation and roles in preventing infection?
- Can I explain how to maintain a clean environment, the importance of personal hygiene, and the use of protective equipment to prevent infection spread?
- Do I know the procedures for recording and reporting incidents of infections?

LO6: Know how to implement food safety measures.

- Do I understand the key legislation for food safety and the responsibilities of employers and workers in this area?
- Can I explain the importance of food safety measures, identify hazards, and know why clean surfaces and equipment are essential?
- Do I know when to use personal protective equipment and understand safe storage, preparation, use of food, and waste disposal?



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LO7: Know how to store, use and dispose of hazardous substances safely.

- Do I understand what is meant by 'hazardous substances'?
- Can I list the types of hazardous substances that may be found in my workplace?
- Do I know the safe practices for storing, using, and disposing of hazardous substances?
- Can I explain what 'Control of Substances Hazardous to Health' (COSHH) means and how to implement it?



LO8: Know how to maintain security in the workplace setting.

- Do I recognise potential risks to security in my workplace?
- Can I describe safe practices to ensure security, including managing lone working and access control?
- Do I understand how to ensure children are only released to pre-agreed individuals?

LO9: Know how to manage stress.

- Can I identify common signs of stress and potential circumstances that can trigger it?
- Do I recognise the importance of acknowledging stress and taking action to reduce it?
- Do I know effective ways to manage stress and where to find additional support if needed?

